

## **Children's Day and World Prematurity Day at SCMCH&RI**

The Paediatric Department at Sri Chamundeshwari Medical College and Hospital organized Children's Day and World Prematurity Day on 20<sup>th</sup> of November in the Paediatric Ward.

The event was presided over by Dr. Prathiba, Professor and HOD of Department of Paediatrics. The event was attended by doctors of various departments, nursing staff, interns and patients admitted to the hospital (Children from the paediatric ward and their parents, and post natal mothers).

The program kicked off at 10.30 a.m with a welcome speech by Dr. Sneha. The event was graced by the presence of the chief guests, Dr. Roshan, Medical Superintendent and Dr. Niranjan, Vice-Principal.

Shishira, a dietitian and nutritionist, delivered a talk on the impact of nutrition in a child's growth and development. She also educated all the parents about the need for a nutritious diet, the

harmful effects of junk food and necessity of including micro-nutrients in the diet. Dr. Yashaswini, Professor and HOD, Department of Microbiology, felicitated Shishira.

As a part of World Prematurity day 2024, Dr Siddu, Neonatologist, enlightened the audience about the significance of celebrating Prematurity Day. He highlighted the causes for preterm delivery and the measure that can be taken to prevent it. Dr Roshan, Medical Superintendent, felicitated Dr Siddu for his valuable insights.

Dr Deepa, Associate Professor, Department of OBG, shared an obstetrician's perspective on preterm day and the importance of a mother's health to prevent preterm deliveries.

Gifts were distributed to all admitted children followed by cake-cutting to mark the celebration.

The event was a resounding success, with active participation from staff, children, parents and postnatal mothers.