

Report on Women's Day Health Camp in RGUHS, Bengaluru

Date: 21.03.2025

Venue: Rajiv Gandhi University of Health Sciences, Bengaluru (Vagbhata & Maithreyi Halls)

Beneficiaries: Female staff of RGUHS (We catered our services around 100 female staff)

Background: The camp was conducted on the occasion of International Women's Day, a day dedicated to celebrating and empowering women worldwide. Recognizing the importance of prioritizing women's health, **Rajiv Gandhi Institute of Health Sciences, Bengaluru in association with Sri Chamundeshwari Medical College Hospital & Research Institute, Channapatna**, had organized a health camp to address the unique health concerns faced by female staff. The initiative aimed to promote awareness and provide essential health screenings, particularly emphasizing early detection of breast and cervical cancers. By aligning the camp with this globally significant day, we underscored our commitment to women's well-being and reinforced the message that investing in women's health is vital for building healthier communities.

Objective:

- To provide comprehensive preventive healthcare services to the female staff of RGUHS, ensuring early detection and intervention for potential health issues.
- Promote awareness and screening for early detection of breast and cervical cancers.

Faculty attended:

Sl No	Faculty Name	Designation & Department
1.	Dr Pravin GU	Principal, SCMCH & RI
2.	Dr Manjula KS	Professor & Head, Biochemistry
3.	Dr Dharani V	Professor & Head, Pathology
4.	Dr Yashaswini MK	Professor & Head, Microbiology
5.	Dr Amulya N	Assistant Professor, Community Medicine
6.	Dr Arundhati R Chitnis	Assistant Professor, General Medicine
7.	Dr Gunashree	Senior Resident, General Medicine
8.	Dr Shilpashree CS	Assistant Professor, General Surgery
9.	Dr Akshatha	Senior Resident, General Surgery
10.	Dr Kavyashree D	Senior Resident, OBG
11.	Dr Sharadha	Senior Resident, OBG
12.	Ms Shanti	Nursing Superintendent
13.	4 FMG Interns 10 Nursing Staff 3 Lab Technicians	

Services provided:

During the camp, several service stations were established, each managed by designated coordinators. At the registration station, Dr. Yashaswini set up the area, coordinated the nursing staff, and oversaw the collection of participant information. This initial step helped to ensure that all details were accurately recorded, allowing the camp to run efficiently throughout the day.

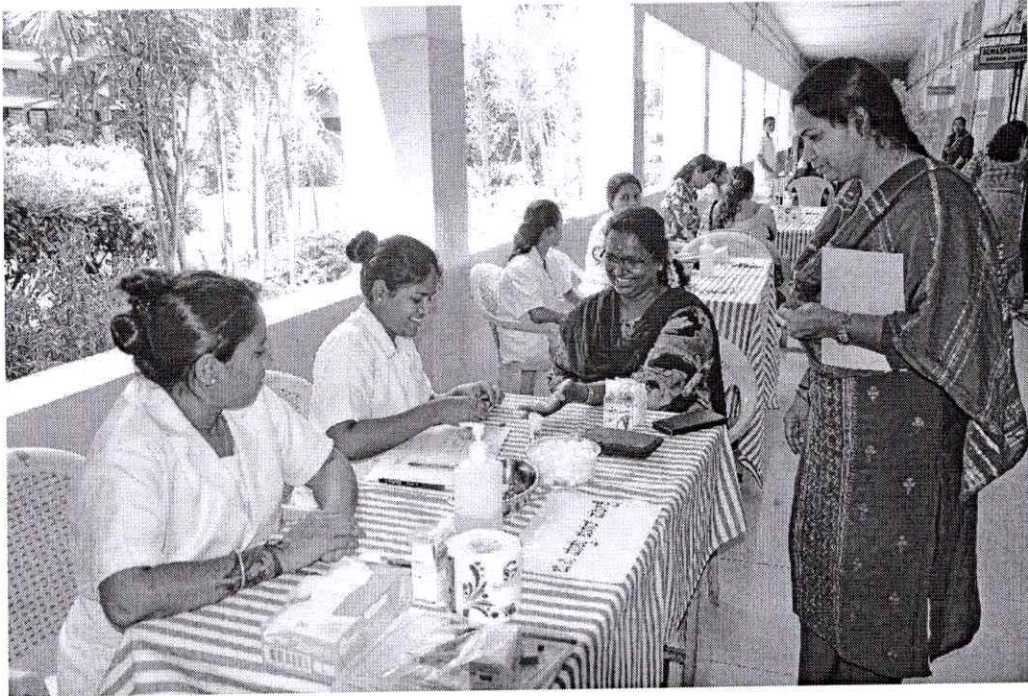


Registration station

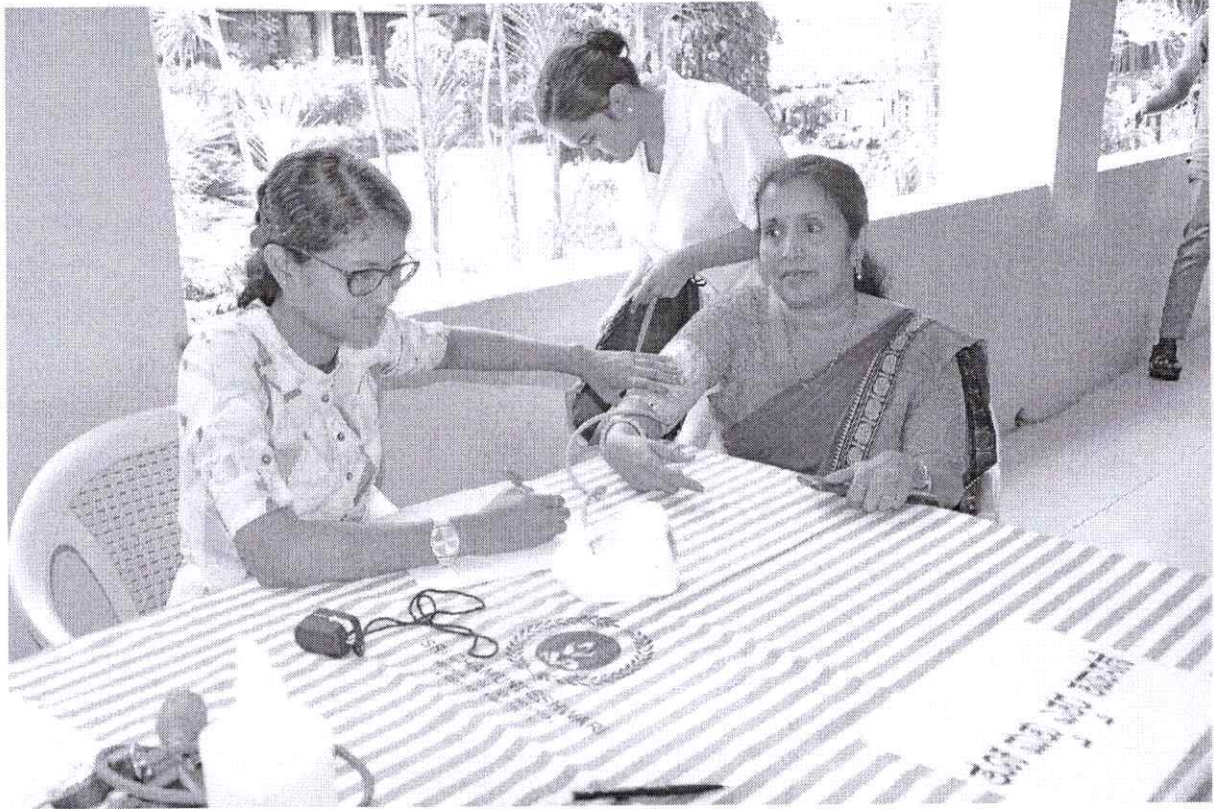
At the station for anthropometry, blood pressure, and blood sugar examinations, Dr. Amulya N and Ms. Shanti prepared the necessary equipment and coordinated the work of interns and nursing staff. They briefed the team on proper measurement techniques and supervised the process to guarantee accurate results. Biomedical waste was properly segregated as part of their responsibilities, ensuring that all procedures adhered to safety standards.



Intern recording anthropometry



Nursing staff checking GRBS

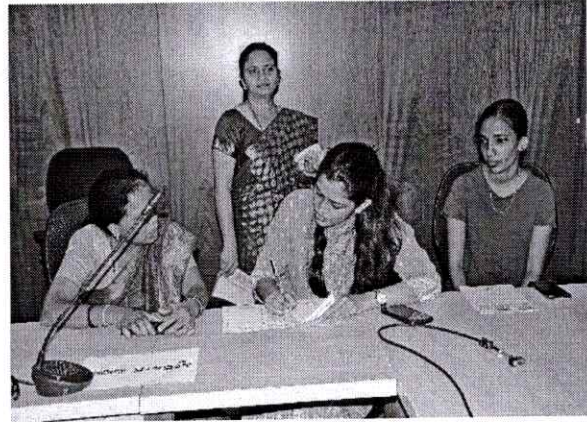


Intern recording Blood Pressure

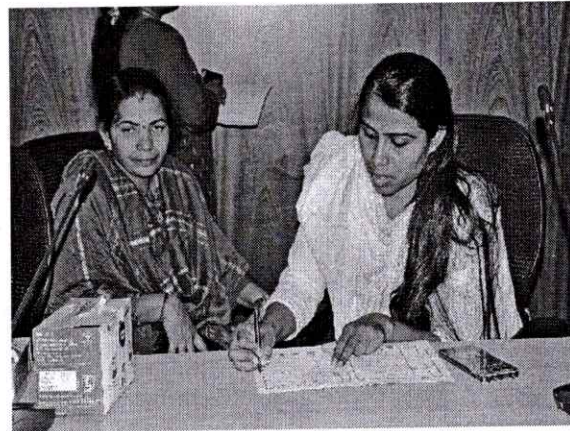
The consultation station was another crucial component of the camp, where Dr. Amulya N managed the process. The station was set up to offer clinical breast examinations and cervical cancer screenings through detailed OBGYN consultations. The team worked diligently to manage the flow of participants, ensuring that each person received ample time for a thorough consultation. This focus on cancer screening played a pivotal role in promoting early detection and prompt intervention for potential health issues.



Physician consultation & advice given on lifestyle modifications to tackle NCDs



OBG Consultation to address menstrual disorders & screening for symptoms of cervical cancer



Surgeon Consultation to screen for symptoms of breast cancer. Beneficiaries were taught the methods of Self Breast Examination.



Specialist Consultation arranged in Vagabhatta Hall

At the ECG station, Ms. Shanti had prepared the equipment and coordinated with the nursing staff to oversee the ECG procedures. Her careful management ensured that the process was conducted safely and that the quality of the examinations was always maintained.

Finally, at the blood sample collection station, Dr. Manjula KS and Dr. Dharani V organized the setup, prepared the equipment, and briefed the laboratory technicians. They supervised the identification of participants and the proper collection of samples while ensuring that biomedical waste was segregated appropriately.

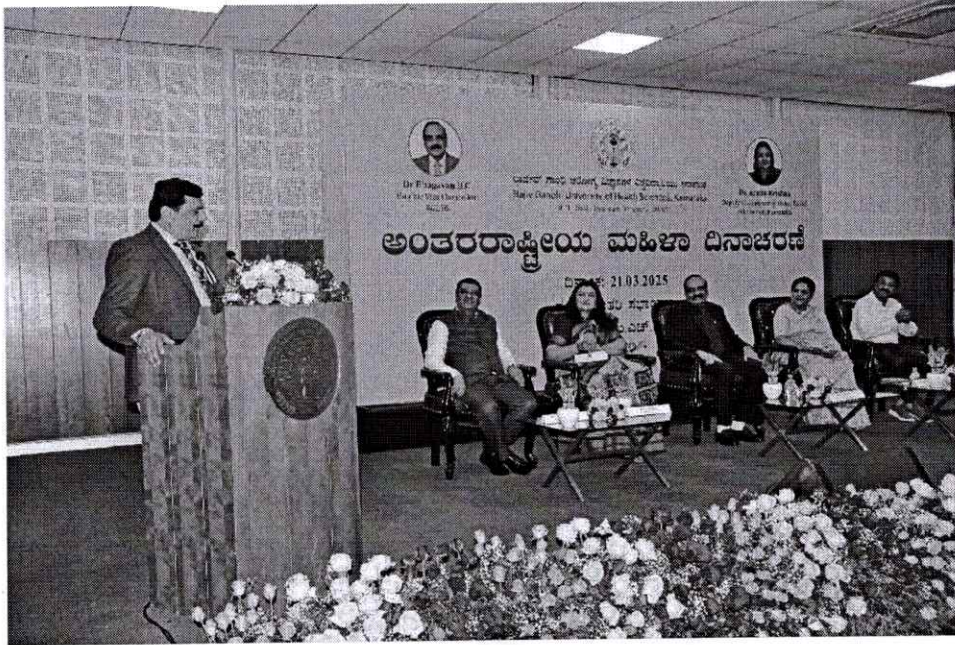


Lab Technicians collecting blood samples. We offered CBC, Lipid Profile, RFT, LFT & TFT tests free of cost for the beneficiaries.

Dr Bhagawan BC, Vice Chancellor, RGUHS appreciated our work & thanked our institution for conducting the camp.



The chief guest of the program, Dr Arati Krishna, Deputy Chairperson, NRI Forum, Govt of Karnataka too appreciated our institution's initiative. Our Principal, Dr Pravin GU expressed gratitude for providing the opportunity to be a part of this women's day initiative.



On behalf of our institution, we felicitated the chief guests of the program for her innumerable contribution to the society as a token of appreciation.



Senior female staff working in RGUHS were also felicitated by our institution for their achievements.



Felicitation of senior female staff of RGUHS



All Women Health Team from SCMCH with the Dignitaries