Interns Orientation Program

Empowering Tomorrow's Healthcare Professionals: A Comprehensive Orientation for Medical Interns

On June 5, 2025, from 9:00 AM to 4:00 PM, the Medical Education Unit (MEU) Department hosted an insightful orientation program for FMG interns, marking the beginning of their transformative journey into the medical profession. Excitement and curiosity filled the air as they engaged in sessions designed to introduce them to foundational principles, responsibilities, and expectations. This milestone set the stage for their one-year internship, equipping them with the skills and compassion essential for their future as dedicated healthcare professionals. The event was seamlessly coordinated and moderated by the MEU coordinator, **Dr. Yashaswini MK, Professor and Head of the Department of Microbiology**.

The orientation commenced with warm welcomes from esteemed institutional leaders, **Dr. Pravin GU, Principal**, and **Dr. Roshan Kumar, Medical Superintendent**. They introduced interns to the college's distinguished legacy and its unwavering commitment to excellence in education and patient care. Through their insights, interns gained a deeper appreciation for the ethical framework guiding their profession, setting the foundation for integrity, professionalism, and compassionate medical practice.

Dr. Vidhyullatha, Professor and Head of Forensic Medicine, enriched the discussion with a compelling session on ethical and legal guidelines, emphasizing the delicate balance between patient rights and professional responsibilities. Her words reinforced the trust and accountability essential to ethical medical practice.

The morning continued with **Dr. Rajendran from the Department of Medicine**, who delivered valuable insights into patient care standards and the art of effective communication in medical practice. His session emphasized the profound impact of compassionate interactions in fostering trust and healing. **Dr. Abhijith from Biochemistry** then addressed the crucial topic of occupational hazards and laboratory safety, equipping interns with essential knowledge to navigate their clinical environments responsibly and safely.

Dr. Megha S from Microbiology provided an in-depth overview of **Hospital Infection Control Committee (HICC) protocols** and **Biomedical Waste Management (BMW)**, stressing the significance of infection control measures in healthcare settings. Adding an academic dimension, **Dr. Dharani, Professor and Head of Pathology**, introduced interns to exciting research opportunities, inspiring them to contribute to the advancement of medical knowledge.

One of the highlights of the morning was the **hands-on Basic Life Support (BLS) training**, conducted by **Dr. Shankar from Anesthesia**. This interactive session transformed theoretical knowledge into practical skills, with interns actively participating in life-saving techniques, earning enthusiastic appreciation.

The **post-lunch sessions** were equally engaging, beginning with **Dr. Nishanth from Pathology**, who provided a detailed overview of **laboratory medicine and blood bank operations**. He guided interns through the essentials of **sample collection**, **proper request form documentation**, and **safe sample transport**, ensuring accuracy in diagnostics and laboratory efficiency. His session illuminated how meticulous laboratory practices directly impact clinical decision-making and patient outcomes.

Following this, **Dr. Sheetal MP, Professor and Head of Community Medicine**, and **Dr. Raghavendra** outlined the **clinical posting schedules, logbook maintenance, and portfolio development**, offering interns a structured roadmap for their internship journey.

Dr. Amulya from Community Medicine delivered an insightful briefing on **World Environment Day**, encouraging interns to reflect on sustainable practices in healthcare and their personal lives. Her session emphasized **plastic reduction strategies** at hospitals and homes, fostering a commitment to environmental responsibility.

Dr. Harini KC from Psychiatry then led a thought-provoking discussion on **stress management, work-life balance, and personal well-being**. She provided invaluable strategies for time management and self-care, underscoring the importance of mental resilience in medical practice. The session inspired interns to adopt a proactive approach to their well-being in both personal and professional spheres.

The program concluded with **Dr. Yadhunandan from Surgery**, who delivered a vital session on **case sheet documentation and consent procedures**. He guided interns through structured **patient history recording**, **meticulous medical documentation**, and the ethical importance of **informed consent**. His session reinforced foundational skills crucial for their clinical journey, ensuring accuracy, ethical compliance, and professional excellence.

The success of the orientation was evident in the enthusiastic participation of the interns, who engaged actively throughout the day. Each faculty member brought their expertise to life, transforming routine sessions into immersive learning experiences. The overwhelmingly positive feedback confirmed that the program had effectively laid a strong foundation for their internship year.

As these aspiring healthcare professionals embark on their transformative journey, they carry not just knowledge and skills, but also the confidence and inspiration gained from this well-crafted orientation program. We take immense pride in nurturing their growth, ensuring they develop into competent, compassionate doctors dedicated to serving with excellence and integrity.

The **Medical Education Unit** extends its heartfelt gratitude to all faculty members whose dedication and expertise made this orientation a resounding success, empowering our interns to become exemplary healthcare professionals.