

## “Jeeva Chakra”- A Physio-Biochem Journey, State Level Inter Collegiate Quiz Competition for Phase-1 MBBS Students

The preliminary round of “Jeeva Chakra” quiz competition was held on 26<sup>th</sup> May from 1:30PM to 4PM through online mode on Google Meet allowing all contestants to participate conveniently. The quiz competition drew an astonishing crowd of 98 teams from 28 medical colleges. The results were analyzed and the top 20 teams were shortlisted and advanced to the final stage of the quiz, which was held on 6<sup>th</sup> June, 2025. All contestants received E-certificates for their participation.

On 6<sup>th</sup> June, 2025 the final rounds of the quiz commenced from 9AM to 4PM. The competition was designed to strengthen the core concepts of Physiology and Biochemistry among phase-1 MBBS students through interactive and application-based learning.

### Highlights:

The formal program began with a **welcome address by Dr. Yogesh M. K., Professor & Head, Department of Physiology. Dr. Naveen S., Medical Director, SCMCH & RI,** addressed the gathering, commending the initiative and its positive impact on student learning. This was followed by a **keynote address by Dr. Pravin G. U., Principal, SCMCH & RI,** who highlighted the importance of academic engagement through such competitive formats.

The event witnessed enthusiastic participation from faculty members of other institutions, Heads of Departments, staff from various departments, and around 150 Phase-1 MBBS students of SCMCH & RI.

### Quiz Rounds Overview

#### Semi-Finals

The top 8 teams competed in three challenging semi-final rounds, which tested their conceptual knowledge, problem-solving abilities, and speed:

Semi-Final rounds	Quiz Masters
Unscramble round	Dr Yogesh M K & Dr Abhijith D
Icons of innovation round	Dr Abhijith D & Dr Puneeth M
Case digest round	Dr Swaroop B P & Dr Abhijith D

Cumulative scores from all three rounds were considered to ensure a fair evaluation. The bottom two teams were eliminated, and the top 6 teams advanced to the final round.

### Finals

The final round featured three engaging segments, designed to assess academic depth, quick thinking, communication, and teamwork:

Final rounds	Quiz Masters
Pick and Act round	Dr Puneeth M & Dr Shwetha N
Reveal round	Dr Kruthi BN & Dr Sowmiya R
Rapid-Fire round	Dr Yogesh M K & Dr Mythri S

Based on the combined scores from the semi-finals and finals, the top three teams were declared winners.

### Winners

Prize	Winners	College
<b>1<sup>st</sup> Prize</b> (5000/- Cash Prize) Trophy & Medal	Ms. Preethi R & Ms. NivrithiThambireddy	M S Ramaiah Medical College, Bengaluru
<b>2<sup>nd</sup> Prize</b> (3000/- Cash Prize) Trophy & Medal	Ms. Chaitanya Laxmi Kadengodlu & Ms. Chinmayi Datta	Bangalore Medical College & Research Institute
<b>3<sup>rd</sup> Prize</b> (2000/- Cash Prize) Trophy & Medal	Ms. Kethana P V & Ms. Sakshi Patil	M S Ramaiah Medical College, Bengaluru

All participants were awarded participation certificates in recognition of their efforts.

The event was smoothly conducted by Dr. Shwetha N. and Dr. Mythri S., ensuring seamless transitions throughout the day. The participant feedback received was overwhelmingly positive.



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A surprise reveal was made during the event, announcing the **launch of JEEVA CHAKRA 2.0** — a **National Level Intercollegiate Quiz Competition**, aiming to take the spirit of learning and competition to a broader platform across the country.

The program concluded with a **Vote of Thanks** by Dr. Manjula K. S., followed by the **National Anthem**, marking a warm and respectful close to the event.

The quiz not only made the learning process enjoyable but also encouraged curiosity, critical thinking, and meaningful engagement with the subjects, fostering deeper academic interest and laying a strong foundation for future medical education.

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