



SRI CHAMUNDESHWARI MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE

Sponsored by: Sri Ranga Educational Trust

Affiliated to Rajiv Gandhi University of Health Sciences, Bengaluru.

REPORT ON SPECIALITY HEALTH CAMP

Organized under ONE HEALTH Programme

By: Sri Chamundeshwari Medical College, Hospital & Research Institute
(SCMCH & RI)

Venue: Chamundeshwari Temple, Gowdgere

Date: 14/11/2025 (Friday)

Time: 9:30 AM to 3:30 PM

1. Introduction

Sri Chamundeshwari Medical College, Hospital & Research Institute (SCMCH & RI) organized a Specialty Health Camp under the One Health Programme. The camp aimed at providing comprehensive healthcare services to the General public, animal health check-ups, environmental health activities, and school health services, reflecting the integrated One Health approach.

2. Objectives

- Provide specialty medical services to the rural population.
- Offer free medicines and basic diagnostic services.
- Assess animal health and provide veterinary care.
- Create awareness on hygiene, environment, and healthy practices.
- Improve children's health through school check-ups and health education.

- Promote the concept of One Health.

3. Camp Activities

A. Medical Services for General Public

Speciality doctors participated from:

General Medicine - Dr Sushanth & Dr Manjunath

General Surgery- Dr Madan & Dr Yadhunandan

Obstetrics & Gynecology (OBG) -Dr Aparna & Dr Puspha

Pediatrics-Dr Mahesh & Dr Sahana

Orthopedics-Dr Yoganand & Dr Lakshith

Services Provided:

- General health check-up
- Screening for common conditions
- Free medicines
- Referral

Total Beneficiaries: More than 400 people.





B. Animal Health Services

- Conducted by Veterinary Doctor: Dr. Dilip
- Health check-up of livestock and domestic animals
- Deworming, treatment, and care advice



C. Environmental Health Activities

- Cleaning of temple surroundings
- Plantation activity
- Organized by staff of Sri Chamundeshwari Medical College





D. School Health Programme

1. Introduction

A School Health Camp and Health Education Programme was conducted at Government Primary School, Gowdagere, with the aim of identifying common health problems among children and creating awareness on personal hygiene and healthy eating habits.

2. Objectives of the Programme

1. To assess the general health status of school children through paediatric examination.
2. To educate students on the importance of personal hygiene and healthy eating.
3. To promote positive health behaviours through interactive and engaging activities.
4. To identify children who may require further medical follow-up.

3. Participants

- Students from 1st to 7th standard
- Total number of children examined: around 30

4. Team Members Involved

- Paediatrician: Conducted complete clinical examination of children.
- Community Medicine Team: Organized health education and interactive activities

5. Activities Conducted

A. Clinical Examination

- A comprehensive health check-up was conducted by the Paediatrician.
- Assessment included:

- General physical examination
- Screening for common illnesses
- Growth and nutrition assessment
- Identification of any visible deficiencies (dental caries, anaemia signs, skin issues, ENT problems, etc.)

B. Health Education Session

A structured health education programme was conducted focusing on:

1. Personal Hygiene

- Importance of handwashing
- Bathing and nail care
- Dental hygiene (brushing twice daily)
- Clean clothing and sanitation

2. Healthy Eating

- Balanced diet for growing children
- Importance of fruits, vegetables, and water
- Avoiding junk food and excessive packaged snacks

3. Interactive Games & Activities

To make learning enjoyable, the team used:

- Hygiene relay games
- “Good food vs. junk food” flashcard game
- Quiz and quick interactive questions
- Demonstrations on correct handwashing steps

- Coordinated by Dr. Amulya, Associate Professor Department of Community Medicine





4. Camp Involvement

- Interns actively participated in patient registration, screening and assisting doctors.
- Medico-social workers: Mrs. Ranjitha, Mrs. Aradhya, and Miss Chandini contributed significantly in community mobilization, patient guidance, and coordination at the venue.
- Photographer: Mrs. Abhi captured all event activities for documentation and reporting.
- Staff of Sri Chamundeshwari Medical College extended full support in camp organization, logistics, and smooth functioning of all activities.

5. Coordination

The camp was successfully coordinated by:

Dr. Suhas S.R, Assistant Professor, Department of Community Medicine.

6. Outcomes

- Improved access to specialty healthcare

- Strengthened community awareness
- Benefited 400+ people and numerous animals
- Promoted One Health concept