

World Hand Hygiene Day

The Lecture Hall at Sri Chamundeshwari Medical College buzzed with laughter, music, and the unmistakable scent of sanitizer on **May 5th 2026**, as the **Department of Microbiology** turned a serious topic into a festival of fun. The program was thoughtfully **organized by Dr. Yashaswini M.K.**, Professor and Head, who ensured every detail flowed seamlessly. What emerged was a colorful mix of games, art, and dance that made hand hygiene the star of the show. **“Clean Hands, Bright Minds!”** became the anthem of the day — proving that prevention can be joyful too.

Session 1 started with Dr. Yashaswini welcoming the crowd with infectious enthusiasm (the good kind!). Students watched a quick demo of the hand hygiene steps and learned the difference between *rub* and *wash*. Eight student groups were then “roasted” (in the fun sense!) across eight creative game stations, each run by enthusiastic volunteers and faculty. Doctors, nurses, and technicians joined in too — because who can resist a good challenge when microbes are involved? The air was filled with cheers, sanitizer mist, and the spirit of teamwork. **“Don’t let germs hitch a ride!”** echoed through the hall as participants geared up for the next round.

Session 2 – The Game Marathon, from 9:30 to 10:15 AM, the carnival of learning, Teams raced through the **Hygiene Jigsaw Challenge**, piecing together the six WHO hand-rub steps while dodging sneaky distractor cards. At **Touch Point Match**, students sorted everyday hospital items into *High-Touch* or *Low-Touch* baskets — discovering that door handles are germ magnets! The **Rub or Scrub?** quiz had groups waving cards like game-show contestants, while the **Human Chain of Infection** used powder-filled handshakes to show how one missed wash can spread across ten people. Laughter rang out at **Hygiene Taboo**, where describing “Autoclave” without saying “steam” proved hilariously difficult. **The Voice of the Patient** brought empathy to the spotlight — “I’m fighting cancer; please wash your hands before you touch my IV.” Meanwhile, **Hand Hygiene Art** turned palms into petals for a radiant *Tree of Immunity*, and **Prints of Contamination** revealed the invisible truth on agar plates — before and after washing.

Every station was a mini-world of discovery, guided by faculty incharges **Dr. Champa H, Dr. Manjula S.R., Dr. Rashmi, Dr. Pallavi, Mr. Suman, and Mr. Manohar**, with student volunteers managing time and scores. The hall felt like a science fair crossed with a talent show — colourful, competitive, and contagiously educational. Later, the activities were summarized, and reflections on scores and lessons learned brought smiles all around.

Session 3 – Celebration Programs, By 10:30 AM, the serious learning gave way to pure celebration. The **Anaesthesia Department** (Dr. Shruti, Dr. Hafsa, Dr. Thendral, Dr. Sanjana) turned handwashing steps into choreography worthy of a music video. The **Ophthalmology Department’s Short Film**, starring **Dr. Darshan** and directed by **Dr. Deeksha Reddy**, dramatized what happens when hygiene is ignored — equal parts gripping and educational. Next, the **Technicians’ Group Dance** (Pushpa, Vasavi, Suma, Aishwarya) brought rhythm to the stage, followed by the **Microbiology Technicians** who closed the show with infectious enthusiasm — minus the microbes! The performances proved that even sanitizer bottles can sparkle under stage lights. **“Dance away the germs!”** became the crowd’s favourite chant.

Dr. Yashaswini M.K. wrapped up the morning with heartfelt thanks to the **Management, Doctors, and Faculty Team** for their unwavering support. Her words summed up the spirit of the day:

“Your teamwork turned hygiene into happiness — and learning into laughter.”

The event proved that awareness doesn’t have to be dry; it can sparkle with creativity, colour, and community. From agar plates to dance steps, every moment reminded participants that **clean hands save lives — and make great stories too!** **“Spread smiles, not germs!”** — that’s how World Hand Hygiene Day 2026 will be remembered at SCMCH&RI.